

*“Now is the time to
experience meaningful
touch again”*

Ohashi returns to
Dai Bosatsu Zendo
for this special
in-person gathering

THE FIRST OHASHI TOUCH ZEN TOUCH GROUP. AUGUST, 1979

OHASHI
TOUCH.
ZEN
TOUCH.
ZEN
20
24

AUG. 31 –
SEPT. 1 & 2

Hosted and Sponsored by:

 the zen studies society

DAI BOSATSU ZENDO
LIVINGSTON
MANOR
NEW YORK



OHASHI
Method

This year we are happy to be invited back to Zendo. Let's be in touch at the newly renovated Beecher House — with a spectacular view of the lake — and enjoy a peaceful Zen lifestyle.

August 31 – September 1 & 2, 2024, Ohashi and instructors will be teaching the essence of the OHASHIMethod — offering effective techniques that achieve the joy of giving and receiving. There will be class each morning with Ohashi, and supervised practice sessions in the afternoon.

Private sessions and tutorials with Ohashi will be available. (There is an additional fee.) Also, participants may hike the grounds or swim and boat in the lake, or simply rest in their free time.

THE COURSE IS OPEN TO EVERYBODY.

FOR MORE INFORMATION EMAIL INFO@OHASHI.COM

OHASHI TOUCH. ZEN TOUCH. 20 24

REGISTER TODAY

OHASHI-Method.biz

Space is very limited.

Course fee: \$395 until
Aug. 25, 2024. \$695 after.

SAVE \$300!!!

OHASHI
Method®

ABOUT THE MONASTERY

Students are expected to participate in the monastic lifestyle when staying at Dai Bosatsu Zendo Kongo-ji.

Healthy vegetarian meals are served three times a day, on low tables and are silent.

No meat, alcohol or recreational drugs are allowed at the Dai Bosatsu Zendo.

Opened in 1976, the Zendo is located on the banks of the highest lake in the Catskill mountains, amid 1,400 acres of forest and meadows. The location offers an inspiring setting.



ROOM & BOARD

You have to reserve your room and board through Zendo. Accommodations are limited and on a first-come basis. Registrants have the option to be housed in the newly restored Beecher guest house or the Monastery. **There is an additional cost for Room & Board apart from the course fee.**

RESERVE YOUR ROOM & BOARD AT
[ZenStudies.org/event/
dbz-ohashi-touch-zen-touch](http://ZenStudies.org/event/dbz-ohashi-touch-zen-touch)



TUTORIAL & SESSION COMBO

During Ohashi's visit, he will hold tutorials for dedicated students. This is a one-on-one learning opportunity to "work with" and "work on" Ohashi. You will receive immediate feedback and instruction from Ohashi. Tutorials are limited to 4 students. Tutorials are a perfect way to maximize your educational investment by learning from Ohashi's direct touch. Students will also receive a 30 minute session from Ohashi. Receiving a session is a great way to learn and is part of the day's studies.

SESSIONS

Ohashi will offer sessions during his visit. Each session is a half-hour and is held in a tranquil, peaceful room. As Ohashi works on each participant, others are welcome to rest or observe while waiting for their session. Only those receiving session are invited to observe.

SCHEDULE YOUR TUTORIAL AND
SESSION WITH OHASHI. GO TO:

OHASHI-Method.biz



ABOUT THE COURSE

The course is open to students at all levels. The course runs from Saturday, August 31 through Monday, September 2, from 10am to 5pm. You must arrive on Friday, August 30, by 4pm to check in. If you are coming from overseas, we strongly advise you to arrive on Thursday, August 29.

All students are encouraged to arrive early at the Zendo. Ohashi and Kazu will arrive on Tuesday, August 27. Please join them early at the Zendo if you can.

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